



## Suicidal Ideation/ Lethality Assessment Interview/ Protocol

- A member of school staff is notified of student's suicidal ideation.
- Student's counselor or on-call Mental Health Team person is notified **immediately.**  
Adult supervision of student is required at all times.
- Suicidal Ideation / Lethality Assessment is conducted by School Counselor and/ or member of Mental Health Team.
  1. Ideation - **Has the student thought about committing suicide? If so, how recently? Do others know of the ideation?**
  2. Methodology - **What is the method by which the student is planning to commit suicide?**
  3. Lethality - **Is the methodology lethal?**
  4. Access - **Does s/he have access to that methodology?**
  5. Commitment - **Assess student's commitment to act on his/her ideation?**
- Counselor or Mental Health Team Member consults with colleague/nurse to review results of student interview.
- In consultation with school nurse, document any self-injury observed.
- Counselor/ Mental Health Team Member/ Nurse develop proposed intervention.
- Consult with administrator to review intervention plan and gain administrative approval.
- Contact student's parents and review with them the results of the student interview and intervention plan. Attempt to engage the student in the process.
- Contact: police (911 in cases of imminent self-harm).**

- Prepare release to consult with pediatrician, hospital, therapist ( if one is already involved) as appropriate.
- Review referral to appropriate community based supports with parents.
  - ✓ **Contact: pediatrician/ therapist (if the student is already connected to mental health services).**
  - ✓ **Contact Rochester Community Mobile Crisis in the event the family is not connected to mental health services in the community and an evaluation is required.**
  - ✓ **Contact emergency room in the event the family requests ED services in lieu of Mobile Crisis.**
- Develop safety plan for student return to school post-evaluation or treatment. Use *Post-Psychiatric Discharge Plan* if student has been admitted for psychiatric care either in-patient (Strong or Rochester Psychiatric Center) or through the partial day treatment program (Strong).
- Communicate safety plan to appropriate others.
- Identify liaison to family for follow up to communicate student progress in the educational setting and to ensure medical and therapeutic support for the student in the community.
- Document all interactions with the student, family, school personnel and community providers.